OnBoarding Journey

- Kick Off Session Flow
- Sprouting Mission
- Personal Development Sessions
- 1:1 Session
- Ambassador-in-Action Session

Kick Off Session Flow

The intention of this session is to orientate new Ambassadors to meet other members in the ecosystem and form their Tribes so they have others to support them in their Academy journey, to remind them about the requirements of the Academy Journey and resources that are available for them.

Kick-off session flow structure

Welcome (2 mins)

- Introduction to the Subcircle
- Who are the team members in the current subcircle
- Each team member does a brief introduction about self

Check in - Name/Place (8 mins)

Walk briefly through the SEEDS Ambassador Academy Website (10 mins)

- Go through the Journey on the MBC website and the steps, checklist, calendars and available tools
- Important to inform the cohort - we focus on SEEDS and Personal Growth as we are system
- Be Unstoppable 1 & 2 and Deep Dive is about Personal Growth and in person attendance is required

Breakout Room (3-4 people per room - every person = 2-3 mins) - Total 12 mins

- Get to Know Each Other Session
  - Name / Place / Favorite Seed/Fruit
  - Share about their 1 min video
  - What is your intention for joining SEEDS?
  - And Why SEEDS?

Break them into tribes (4-5 people) - each person = 2-3 mins = total 18 mins

- Come up with a tribe name
- Share what are you currently working on
- How do you see yourselves contributing in this SEEDS ecosystem

Reminder (5 mins)

- ***Reminder: to subscribe to SEEDS Academy calendar & SEEDS Events calendar***

- ***Get support from your Tribe and connect with your Buddy (they will be informed soon) -*** Show them discord and pin messages - Tribes and # Ambassador General

- Join the Academy Weekly Calls & Global Ambassadors Calls - optional
- Join MBC calls - as a "butterfly on the wall"
- All the messages will be reposted again in their Tribes - check in on their Tribes often
    - Especially Sprouting Missions

Checkout (5 mins)

Sprouting Mission

We are excited to have you onboard the SEEDS Ambassador Academy. To kick start your journey here with your Tribe, we have prepared some missions below as a way for you to get to know the ecosystem, meet members of the community, grow and learn with your Tribe members, and begin creating impact in SEEDS and in regenerating our planet.

These missions are in no particular order. Feel free to start with any one of them and we strongly encourage you to share your learnings in your Tribe discord group. We understand from the previous cohorts, learning as a group was valuable to them.

Missions:

Individual:

- Invite someone to SEEDS
- Support them to evolve to Resident
- Join the Global Ambassador Call
- Reach out to your buddy and jump on a call to connect with each other
- Join the Neighborhood Cafe
- Participate in the Meet Seedizens
- Join eTownhall - Proposal Nursery Call
- Join eTownhall - Proposal with Purpose Call
- Join eTownhall - Global Passport Update Call
- Play with Passport App and click on all the links to find out what it can do
- Download the Light Wallet App and spend some time to discover it!
- Write an article for the SeedsLibrary
- Be part of your bioregion group and meet someone from your bioregion
- Be part of a topic discussion on Discord
- Learn more about Movement Building Circle - http://mbc.joinseeds.earth (pls note: we are constantly updating the website due to the rapid changes we are experiencing in our ecosystem)
- Join One (1) Movement Building Subcircle meeting as a **"butterfly on the call"** - *definition of butterfly on the call - you are welcome to **listen in and learn.** The meeting is meant for members of the subcircle to focus on matters at hand and we kindly ask you to respect the meeting. Any questions you may have, you may post them on the appropriate channel in Discord.*
- Recommend a book or video related to Regenerative Renaissance
- Co-facilitate One (1) Global Ambassador Call, Proposal Nursery Call, or eTownhall event

Together With Your Tribe:

- Get together with your TRIBE on a call to exchange information on what you have learned about SEEDS
- Invite someone to join as an Ambassador and to attend the NEW Ambassador Onboarding Call
- Onboard at least 1 organization together

- Be on an organization onboarding call with another Ambassador - please write down what you learned in the process and share it with your Tribe

- Understand what is a campaign proposal and alliance proposal
- List down some of the best practices you have learned from the past proposals in the co-op and share it with your Tribe
- Find out more on how to buy Seeds and swap Seeds
- Come together to meet and discuss about the **SEEDS Constitution** (https://docs.google.com/document/d/1hUVYiBANjVDTJyicM8YeEy22Tsliv68GW_y2EE-mvHw/edit#heading=h.8rdsih9cxdps)
- Come together to meet and discuss about the **SEEDS Game Guide** (https://docs.google.com/document/d/1C4w9Ol8VGabCIcQDVPDrwcTRoJXBqhrb7VjslwQbUGU/edit)
- Learn and understand more about HYPHA especially reading about the Hypha handbook (https://www.google.com/url?q=https%3A%2F%2Fguide.hypha.earth%2Fbooks%2Fhypha-handbook&sa=D)
- Explain SEEDS to a 65+ person, and to a 15 year old. Write down the differences in experience and what you have learned from this and share with your Tribe
- Film a 2 minute video of yourself, explaining why have you joined SEEDS and with your Tribe

Personal Development Sessions

Igniting the Leader Within

INSPIRE PERSONAL GROWTH | DEEPEN CONNECTION | CREATE CHANGE

SEEDS Ambassadors, like the mycelial network of forests, connect regenerative projects and people together in ways that more effectively generate and distribute value towards the whole system (our planet and our global communities).

Wherever we look, we see the effects of polarisation and separation, in both our inner and outer worlds. We long for real connection: to live at a deeper and more meaningful level and to connect more authentically with ourselves and others. This is why parts of our learning journey into SEEDS as an Ambassador for the Regenerative Renaissance provides modules/essential tools for establishing connection and loving relationships with ourselves and others within our community.

Personal growth is a process of both understanding oneself and expanding oneself to reach one's highest potential.

As we, the People - Members and Ambassadors, come together to co-create the SEEDS Regenerative Renaissance, our unique value and key differentiators are the representation of the values, mission and intention of SEEDS. For this reason, it is imperative that we work towards the realization of our full potential: our best self. In order to convey the essence of SEEDS, we have a common set of principles that we are adhering to when representing SEEDS.

Some of the key tenets of being an effective SEEDS Ambassador are:

#authenticity #integrity #self-reflection #ownership #responsibility #accountability #communication

To inspire and create change, it begins with the individual.

The intention of the "Be Unstoppable" & "Deep Dive" Modules is to:

- strengthen our community by connecting with new Ambassadors and build relationships amongst community members
- support ambassadors in being their best selves and aligning to the SEEDS principles. We do this by building a consistent and unified foundation of understanding how we create our realities from our belief system (The world within creates the outer world),

- create a safe, fun and open space for the Ambassadors to be self-reflective and understand how misunderstanding or projection occurs: and how to avoid them.
- align on the responsibility of Ambassadors and to be mindful that we are ultimately responsible for our thoughts, words, feelings and actions/behaviors and that they have impact and consequences.
- gain momentum and create support structures as we learn how to maintain the integrity of SEEDS as Ambassadors

“We must become the change we want to see.” — Mahatma Gandhi

1:1 Session

Intention: To give space for the Ambassador to share anything relating to his/her/their journey with the Academy so he/she/they feel(s) complete and supported and to discuss what are some of the possible next steps for the Ambassador.

The focus is on the Ambassador individually and to remind them to be in balance between well being and contribution.

Possible questions:

- How could we support you?
- What support do you need?
- What do you need to feel complete around your journey in the Academy?
- What are the next steps for you? Where would you like to play and how could we support you?

The Ambassadors will learn about the bounties, quests or roles available currently. It is also a session to guide the Ambassadors to understand what they could take as next steps - possibly create a quest around what area they would like to focus on.

Ambassador-in-Action Session

Final Module for the Seeds Ambassador Academy

The “Ambassador in Action” module from Origin of Wisdom is designed specifically for the Seeds Ambassador Academy and will be a required module for Seeds members who want to become a Seeds Ambassador. Members accepted into the Ambassador Program are participants in the Academy. “Ambassador in Action” focuses on ensuring participants understand key concepts, processes, the fundamentals of Seeds economics, technology, governance, how to on board individuals and organizations including preparing proposals to Seeds.

Intention

To support Seeds Ambassadors in integrating the knowledge from the previous modules:

- Demonstrate that they understand key concepts, processes and the fundamentals of Seeds economics, technology, and governance
- Enrolling and onboarding individuals and organizations to Seeds
- Preparing and submitting campaign proposals

“Ambassador in Action” Module

- There are two sessions: Session 1 & Session 2

Format

- Online via ZOOM
- Each session is 2 hours in length
- Will be recorded for the Seeds Academy Operations Team internal purposes
- Sessions must be attended in person

All the sessions are facilitated through playing games. Games are a great way to allow participants to see how they behave and understand what is driving their behaviors.

“Ambassador in Action”

The content of the module will be covered over the 2 sessions.

Session 1

Facilitators will assign Ambassadors to teams within the cohort in session

- Each team will be assigned individual and group tasks through fun experiential way to see if they have a clear understanding of the basic knowledge about SEEDS and know where to find information if necessary.
- Each team will also be required to work on several tasks between session 1 and 2.

Session 2

- Participants will present and share what they have learned.
- This creates an opportunity to identify any gaps and for additional coaching and mentoring in this session.

The module will be designed by Rain **(SEEDS Username: RAINSKYAREL5)**
Co-Founder of Origin of Wisdom.