

# Personal Development Sessions

## **Igniting the Leader Within**

### **INSPIRE PERSONAL GROWTH | DEEPEN CONNECTION | CREATE CHANGE**

**SEEDS Ambassadors, like the mycelial network of forests, connect regenerative projects and people together in ways that more effectively generate and distribute value towards the whole system (our planet and our global communities).**

Wherever we look, we see the effects of polarisation and separation, in both our inner and outer worlds. We long for real connection: to live at a deeper and more meaningful level and to connect more authentically with ourselves and others. This is why parts of our learning journey into SEEDS as an Ambassador for the Regenerative Renaissance provides modules/essential tools for establishing connection and loving relationships with ourselves and others within our community.

Personal growth is a process of both understanding oneself and expanding oneself to reach one's highest potential.

As we, the People - Members and Ambassadors, come together to co-create the SEEDS Regenerative Renaissance, our unique value and key differentiators are the representation of the values, mission and intention of SEEDS. For this reason, it is imperative that we work towards the realization of our full potential: our best self. In order to convey the essence of SEEDS, we have a common set of principles that we are adhering to when representing SEEDS.

Some of the key tenets of being an effective SEEDS Ambassador are:

#authenticity #integrity #self-reflection #ownership #responsibility #accountability  
#communication

To inspire and create change, it begins with the individual.

#### **The intention of the “Be Unstoppable” & "Deep Dive" Modules is to:**

- strengthen our community by connecting with new Ambassadors and build relationships amongst community members
- support ambassadors in being their best selves and aligning to the SEEDS principles. We do this by building a consistent and unified foundation of understanding how we create our realities from our belief system (The world within creates the outer world),

- create a safe, fun and open space for the Ambassadors to be self-reflective and understand how misunderstanding or projection occurs: and how to avoid them.
- align on the responsibility of Ambassadors and to be mindful that we are ultimately responsible for our thoughts, words, feelings and actions/behaviors and that they have impact and consequences.
- gain momentum and create support structures as we learn how to maintain the integrity of SEEDS as Ambassadors

*“We must become the change we want to see.” — Mahatma Gandhi*

---

Revision #3

Created 1 July 2021 16:33:41 by rain

Updated 16 July 2021 16:23:43 by rain